Getting Started with the NHS Wales App

The NHS Wales App is the quick and easy way to take control of your health and wellbeing, because better health starts with you.

1. Download the NHS Wales App, or visit **app.nhs.wales** on an internet browser.

2. Create your NHS login account.

3. Log in via your NHS login account and manage your health, from anywhere.

4. If you need any help or support using the NHS Wales App visit: **apphelp.nhs.wales**

Download on the App Store

ANDROID APP ON Google play